

FAYAZ SHAWL, MD, FRCP, FACC
*Diagnostic & Interventional
Cardiovascular Medicine*

PROCEDURE: CARDIAC CATH INSTRUCTIONS

Your procedure is scheduled at

**ADVENTIST HEALTHCARE WHITEOAK MEDICAL CENTER.
11890 HEALING WAY SILVER SPRING MD 20904 Tel: 240-637-4000**

ARRIVING AT THE HOSPITAL:

You will need to arrive at the hospital 2-3 hours prior to scheduled time of the procedure (My office will let you know what time to arrive at the Hospital as well the time of the scheduled procedure. You have to report to the ADMITTING OFFICE. (Go through the main entrance of the hospital. While we will make every attempt to perform your procedure at the scheduled time, emergencies and other circumstances may cause delays.

LAB WORK:

Your pre-admission testing will be done at the hospital upon your arrival.

MEDICATION/PROCEDURE INSTRUCTIONS:

DO NOT EAT ANY FOOD 8 HRS BEFORE THE TIME OF THE SCHEDULED PROCEDURE BUT CAN DRINK WATER UP TO 4 HRS PRIOR THE PROCEDURE

YOU MAY TAKE ALL of your regular medications the morning of your procedure with a sip of water DO NOT take any of your diabetic medications the morning of the procedure. If you take oral diabetic medications such as GLUCOPHAGE, **GLUCOVANCE, OR **METFORMIN** Stop taking this medicine 2 days prior to your procedure. Do not take any diabetic medications from the morning of the procedure.**

If you take Pradaxa, Eliquis, Xarelto stop 3 days prior to your procedure

If you take COUMADIN, stop taking this medicine 4 days prior to your procedure.

1. Please **bring all your medicines** in their original containers with you to the hospital **OR** a complete list of **ALL** the medications you take with the **NAME, DOSAGE and # OF TIMES/DAY you take the medication** (including over-the-counter medicines).
2. Please tell us if you have **any allergies to drugs**. If you have a **DYE ALLERGY (or allergy to shellfish or iodine)**, you may need to be pre-medicated prior to the procedure at the Hospital.

After the procedure, you will be monitored in the TransCare recovery area for a few to several hours to make sure you are all right to go home. **SOMEONE MUST COME WITH YOU TO THE HOSPITAL TO DRIVE YOU HOME. In case you need a STENT, then you will be. Staying overnight in the hospital.** If you have any question please call our office at 301-891-8570.